



we show

Respect

we are part of a

Community

we are

Confident

we are always

Learning

# NEWSLETTER

Edition 10

Friday 20th April 2018

## A NOTE FROM THE PRINCIPAL



Welcome back to school and I hope you all had a relaxing and enjoyable holiday with family and friends. Karen, Alex, Ben and I spent our holidays traveling along the east coast of NSW. First stop was Coffs Harbour where my boys were extremely lucky to be swimming under the pier when three dolphins came and swam around them. What an experience for them. Both boys displayed confidence as many spectators on the pier were yelling out 'Shark'. After panicking for a few seconds I realised that they were safe and what was swimming around them was indeed dolphins. Ben and Alex knew all along they had the chance of a life time to swim with wild dolphins.

In a few weeks we will be participating in our school review and it is important that we all go in with a growth mindset. The review will allow us to reflect on the past four years and set a path for the next four years. One strategy I would like to explore during the review and beyond is the notion of 'Growth Mindset'. During some down time of the holidays I read an article that I thought explained what Growth Mindset is and how it could benefit Healesville Primary School Students, Staff and Community.

### Cultivating a Growth Mindset

Perhaps the most well-known theory associated with Positive Education comes from Carol Dweck's (2006) research on mindsets. Dweck identified a 'fixed mindset' as being based on the underlying belief that our intelligence and talent don't really improve over time. In contrast, a 'growth mindset' is based on the belief that intelligence and talent can always improve with practice. It is important to know that we are likely to have a combination of both a fixed and growth mindset, and to observe what triggers our fixed mind-set. It is also helpful to be aware of how we model these mindsets for our students. As teachers, do we set our selves learning goals, welcome criticism and embrace failure as part of the learning process, in order to engage a growth mindset? If we seek to nurture a growth mindset in our students, the type of feedback we provide is key. Dweck warns against oversimplifying growth mindset theory by simple praising effort for effort's sake. Instead, provide 'process praise' by focusing on the learning process and how hard work, good strategies, and a good use of resources leads to better learning.

(Gross-Loh, 2016) this article came from the Education Matters – Primary magazine March 2018-September 2018 page 28. It is now the challenge to develop a growth mindset in all staff, students and parents in a consistence approach across the school. It is an exciting time at HPS and I look forward to working with staff, students, parents and our community to make our school even better than it currently is.

### District Athletics

Congratulations to all students who represented HPS at the District Athletics on Tuesday. I was a very proud Principal when I had 2 teachers from other schools ring me to pass on how well behaved and well-mannered students from HPS are. Mr Kent will now organise students to represent HPS at the next level.

*(continued page 3)*

2 View Street, Healesville

P.O. Box 222, Healesville, 3777

Ph: 5962 4053

Email: [healesville.ps@edumail.vic.gov.au](mailto:healesville.ps@edumail.vic.gov.au) Website: [www.hps.vic.edu.au](http://www.hps.vic.edu.au)

# House Points Award System - Tally So Far!

YARRA	MYER	WATTS	CHUM
16	10	11	19

## UPCOMING SCHOOL EVENTS

### APRIL

Friday 20th

School ANZAC Day Service - 2:30pm School Hall

Wednesday 25th

**PUBLIC HOLIDAY - ANZAC Day**

School Captains to lay wreath at Healesville RSL 5:45am

Commemorative March 9:30am

Thursday 26th—Friday May 4th

Senior School (Yr 5/6) Swimming

### MAY

Tuesday 8th

**SCHOOL PHOTO DAY (Revised date)**

Wednesday 9th

MacRobertson Girls High School 8am-3pm (selected students)

Friday 11th

House Cross Country

Saturday 19th

Working Bee

# SCHOOL PHOTOS



## TUESDAY 8th MAY

(revised date)

## CAMP AUSTRALIA BEFORE/AFTER SCHOOL CARE

Welcome back to term 2 – we hope you all enjoyed your school holidays! We would like to thank the parent that contacted Camp Australia and praised our service and educators for their amazing support and skills. It was great to receive this positive feedback from our Regional Manager, thanks.



### Updates to Flexible Booking Options

At Camp Australia (Head Office) they have been super busy over the Autumn break in finding ways that they can add more value for parents with their new Flexible Booking Options. (Refer to <https://www.campastralia.com.au/Policies/Terms/> (Terms and Conditions). While they make improvements to the Flex-e-Care e-card, it will be removed from the purchase options; they will bring it back when they are confident it can suit your needs.

They have updated the premium offering of the Gold Membership. This option has **no late booking fees and no cancellation fees** up to 2 hours before the service. The minimum amount of bookings per year to pay the permanent fee has been **halved** to 20 per year pro rata – so no need to lock in to one booking per week.

As we're still in the Aussie All-Star spirit, they are offering **FREE upgrades to the Gold Membership!** from the silver membership, log on to your Parent Portal and follow the prompts before April 30.

### Program Details

To find out more about our membership program, view fees and to register visit [www.campastralia.com.au](http://www.campastralia.com.au) and search for your school.

Have a great week.

*Stacey, Bob, Loveleen and Brooke from Camp Australia Healesville*

## A NOTE FROM THE PRINCIPAL (continued from page 1)

### Working Bee

To ensure our school is looking fantastic when we have our School Review we have scheduled a working bee for Saturday 19 May from 9.00am – 12.00pm. We will be making sure that the school is looking great by pruning, sweeping, cleaning, etc. if you are able to attend please contact the school office.



### School Absence

School attendance is a vital component in not only academic success but also for social competency. Here at HPS, we expect every child to be in attendance and on time each day unless they are unwell. Allowing your child to have a day off when they are a bit tired because they have had a late night or have not slept well is not okay. They will not only miss educational opportunities but days off or late arrivals deny children the opportunity to develop resilience and perseverance and to tough it out when they are a bit tired or not quite 100%. Days off for a birthday or to go shopping or catch up with a friend are also not recommended because it does not encourage students to develop a sense of responsibility towards their learning and required attendance. In short, when we allow our children to take time off school for anything other than illness we are robbing them of the necessary experiences that school provides both academically and socially to prepare them for success in the future. Please endeavour to ensure the attendance of your children every day and to be on time. Below is an information sheet provided by the Education Department. We encourage you to read and discuss this with your children. Thank you.

Every day counts - School is better when you're here !

### [Attendance fact sheet for primary school students](#)

#### Do I have to go to school?

- Yes, in Victoria everyone aged from 6 – 17 has to go to school.
- Missing one day a fortnight is the same as missing 4 whole weeks of school a year. From prep to Year 12 that adds up to 1.5 years of school!
- School is better when you attend. Your friends and your teachers notice that you're away and wonder if you're OK.

#### Why is regular attendance at school important?

- Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later on in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.
- Being at school every day also means you are becoming more independent as a learner and interacting with your friends and teachers. If you're at school you can get help from your teachers and friends and won't have to try to learn things in your own time.
- Being an adult probably seems far away but we know that young people who attend school more frequently have better outcomes after school too. This means they earn more money, have better job opportunities and are generally healthier. So being at school really does make a difference!

#### Do my parents need to let the school know if I'm going to be away?

- Yes. Your parents need to notify the school within **three days** of your absence. If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents can also get in trouble.

#### Are there any good reasons to be away from school?

- No. Unless you are so sick you can't get out of bed or there is an event like a funeral, you should be at school. Every day you are away is a day of classes and social connection you miss out on. Taking a day off for your birthday or go shopping isn't a good reason to miss school.
- Even medical and health appointments should be made either before or after school or during the school holidays. This includes family holidays. Your parents are encouraged not to plan holidays during the term but to organise these during the school holidays.
- If you do have to be away for some reason, your parents need to contact the school and let them know what's going on. Depending on the situation, the school might provide schoolwork for you to complete.

#### What do I miss out on if I'm not at school?

- You miss out on all the big stuff – class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge. Being away means you might miss out on a lot of learning or that you need to catch up in your time.

*(continued next page)*

## A NOTE FROM THE PRINCIPAL (continued from previous page)

- If all of that isn't enough to convince you to be at school every day, being away also means you also miss out on playing with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections. Believe it or not, everyone wants you at school and it really is better when you attend.

### What if I'm having problems getting to school?

Getting to school on time everyday can be about having a good routine. If you find yourself running late or missing school because you're disorganised, try:

- Asking your parents for help getting ready
- Having a set time to go to bed
- Leaving all technology out of your bedroom
- Packing your school bag the night before with everything you need
- Having a set time for breakfast
- Planning to meet up with a friend so you can travel to school together.

Sometimes though it can just be hard to go to school. You might feel overwhelmed by the work or things might be tough with your friends. Maybe you don't feel safe at school or you really dislike a teacher or things at home aren't great? Perhaps you're feeling down or anxious and don't even really know why? Whatever the situation is, staying away from school isn't the answer.

### There are lots of people who want to help. Try talking to:

- Your parents or another adult family member
- A trusted teacher
- Wellbeing Coordinator or the school counsellor
- Another trusted adult like your coach.

### [Useful websites/contacts](#)

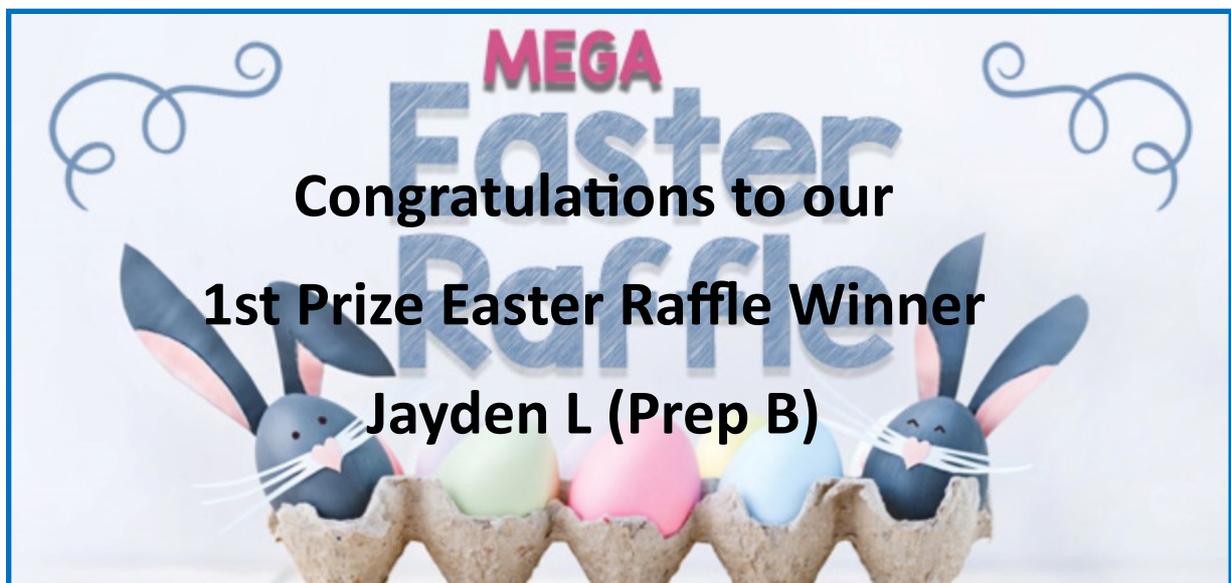
**Kids Matter** - [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)

**Youth Beyond Blue** - [www.youthbeyondblue.com.au](http://www.youthbeyondblue.com.au)

**Headspace** - [www.headspace.org.au](http://www.headspace.org.au) or e-headspace [www.eheadspace.org.au/](http://www.eheadspace.org.au/) for online counselling & support

**Reach Out** – [www.reachout.com](http://www.reachout.com)

**Kids helpline** - 1800 55 1800 24 hours a day, 7 days a week or [web counselling](#)



On every 25th day of April for the past 100 years, "ANZAC Day" has been observed in Australia and New Zealand. "ANZAC" was the name given to the Australian and New Zealand Army troops who landed on Turkey's Gallipoli Peninsula at dawn on Sunday, the 25th of April, 1915, after the outbreak of World War I.

ANZAC Day marks an important anniversary of military action over the years by Australia and New Zealand. ANZAC day allows our nation the opportunity to show admiration and respect for our current soldiers serving on duty around the world. As a nation, we take pride in this day and show our respect for the lives lost. It is important for our children to take pride in our culture and honour our past by remembering our Anzacs.

Students learn about sacrifice, determination and respect, understanding that these soldiers gave their lives at Gallipoli and other conflicts our military have endured. Students discover that ordinary people are capable of extraordinary things. This is an important lesson for young people to discover that everyone has the capacity to have a positive impact on society. It is inspirational and humbling for students to remember this.

In classrooms this week and next, teachers will be talking about the importance of ANZAC Day to all Australians. If your family has any links to wars, conflicts or peacekeeping operations that Australians have been involved in please keep the memory alive by telling your children about the people who fought for us as a Nation.

Today we will be holding our School ANZAC Day service in the hall at 2.30pm. During this service we will be welcoming the Healesville RSL and local veterans and remembering our fallen servicemen and women. We welcome and encourage all members of the Healesville community to join us in showing our respect to those who have sacrificed so much for so many.



Date	Time	Venue	Organisation
Friday 20 <sup>th</sup> April	All Day	Shrine of Remembrance	Legacy Service for Schools Student Leaders
Friday 20 <sup>th</sup> April	2.30pm	School Hall	Members of the RSL and the School Student Leaders are leading us in an ANZAC service. All Welcome
Wednesday 25 <sup>th</sup> April Dawn Service	5.45am	Healesville RSL	Our School Captains will lay a wreath on behalf of our school. Captains to meet Miss Dent & Mr Singleton
Wednesday 25 <sup>th</sup> April	9.30am	Healesville ANZAC day Commemorative March	Students are invited to march in the Healesville ANZAC day parade wearing <b>Full school uniform.</b> Students are to meet Miss Dent & Mr Singleton at <b>9.30am on the Corner of Church Street and Main Street</b>



## Surrey Uniforms

Our uniform shop is open every Monday morning between 9.00 and 10.00am.

By purchasing through our contracted supplier you are helping the school with much needed funds through the payment of commission. Purchasing through Surrey also ensures a subsidy on the Year 6 leavers jackets.

Surrey Clothing hold the contract to supply our uniforms and they are the **ONLY** legal suppliers of Healesville Primary School branded items. You can purchase items by coming into the school on Mondays or by ordering online. The online process is very simple and the orders arrive at school within a matter of days. The link to Surrey's online ordering system can be found here:

<https://surreyclothing.com.au/school-login/>

User name: HPS. Password: HPS.

Any other supplier of our uniform is in breach of the schools intellectual copyright and has been informed that they are to cease selling our uniform and any branded items immediately. This includes school bags and hats. A number of parents have queried why their items are different to what other children are wearing/ carrying and this is due to the fact that they have been purchased from an unauthorised dealer.

The school is actively working on this issue and we ask for your cooperation in purchasing only from our contracted supplier, Surrey Clothing.



Healesville

## BUY YOUR UNIFORM ONLINE

- Go to [www.surreyclothing.com.au](http://www.surreyclothing.com.au)
- On the right side of the screen click on - Your School
- Enter your Initial School Login on the right sidebar
- Username: HPS Password: HPS



This will display the uniform items for purchase.

- Once you add items to your cart, you will be able to choose a preferred shipping method and proceed to checkout.

[surreyclothing.com.au](http://surreyclothing.com.au)

424 Station Street, Box Hill Vic 3128

P: (03) 9890 3487

[info@surreyclothing.com.au](mailto:info@surreyclothing.com.au)



Healesville Dental Clinic

33 Symons Street  
Healesville, Victoria, 3777  
Ph/Fax: 03 5962 4673

[healesvilledental@onestream.com.au](mailto:healesvilledental@onestream.com.au)

Is your child/children eligible for the Government funded Medicare CDBS scheme? If your child is between the ages of 2 and 18, they may be eligible for up to \$1000.00 of bulk billed dental treatment over a 2 year period.

Book in for a check-up and treatment plan today by contacting our friendly staff on 5962 4673.

Eligibility is means tested and can be based on you receiving Family Tax Benefit, if you are unsure of your eligibility please contact us or Medicare today.



## HEALESVILLE AUSKICK 2018

Clinic 1 (Fri 16th March) & Clinic 2 (Fri 23rd March)  
5pm-6.30pm @ Don Rd Sporting Complex

Term 2 Clinics – Saturday's 9.30am-11am @ Queens Park

### COACHES NEEDED

FOR KINDER, GIRL GROUP & GRADE 3-6 GROUP

For More Details Contact: Justine Roberts 0433 554 986

Register & Pay Online [www.aflauskick.com.au](http://www.aflauskick.com.au)



# LPC Music Australia

Learn, Play, Create.



As well as guitar and ukulele, LPC Music Australia are now offering **keyboard and singing lessons** at Healesville Primary School.

Keeping with the LPC principles of making it fun and getting kids performance ready, LPC's new tutor Madeleine will be available for lessons each week.

Private lessons are \$30 for 30 minutes with a 10% discount offered for full term paid in advance.

Joint lessons (2 students) \$20 for 30 minutes with a 10% discount offered for full term paid in advance.

For more information or to enrol now,  
contact Ewan Cloonan on  
0408 197 884 or email [lpcmusicaustralia@gmail.com](mailto:lpcmusicaustralia@gmail.com)

## Join Healesville Swimming Club



We are a friendly community-based club that provides swimmers of all ages with opportunities to develop their swimming skills, learn about and participate in competitive events, and improve their overall health and physical fitness which can be very beneficial for other sports.

If your child can competently swim all strokes (freestyle, backstroke, breaststroke and butterfly) and is keen to further develop their swimming skills and fitness, please consider joining the Healesville Swimming Club. Adult members are also most welcome.

*We've already had a number of keen new swimmers join up this year, which is really exciting! Swimming Victoria have just announced a pro rata membership from April 2018. The annual Swimming Victoria fee covers the swimming year July to June, which means that people wanting to join the club from April 1<sup>st</sup> only need pay a reduced rate to cover them until the new swimming year starts in July. Term 2 is a great time to try out our club.*

Squad training sessions are held on weekday evenings at the Jack Hort Memorial Indoor Pool at Healesville High School. To find out more please send us an email or come along and watch a squad training session in action (6pm Monday-Thursday evenings). New swimmers can participate in a free trial at one of our squad training sessions. Please let us know in advance if you would like to do this so that we can place you in a suitable squad.

Club President: Steven King  
Communications officer: Mairi Mitchell  
Club Email: [healesvilleswimmingclub@gmail.com](mailto:healesvilleswimmingclub@gmail.com)



[www.facebook.com/healesvilleswimmingclub](http://www.facebook.com/healesvilleswimmingclub)

Special 

## The Art room needs for Term 2

Thank you to everyone for your continued support in donating recyclables to the Art Room.

**Any donation of the items below would be greatly appreciated in Term 2 .**

- \*egg cartons
- \*cardboard food boxes
- \*ice-cream containers with lids
- \*cardboard tubes
- \*brightly colored balls of wool

*Many thanks, Fenna Hogg*

**Are you experiencing Family Violence?  
Help is available.**



Located at this school on select days, or by appointment, is a local specialist family violence service to support members of our school community who may be experiencing family violence.

This free service can provide information and specialist support, or are available just to have a chat. If you would like to drop in or make an appointment with the EDVOS Family Violence worker, enquire with the school administration for further details.

Or call EDVOS directly on **9259 4200**. If you are in immediate danger please call **000**



**Eastern Domestic Violence Service Inc.**  
EDVOS is a child-focused and child safe organisation.

PO BOX 698, Ringwood VIC 3135  
☎ 9259 4200 @edvos@edvos.org.au edvos.org.au



If you are in immediate danger please call **000**



**Solar Electricity Production & Storage**



**FREE INFORMATION**

**Saturday 28 April  
10.30 – 12.30**

Come and hear our experts provide valuable information on the latest technology on SOLAR ELECTRICITY PRODUCTION & STORAGE for households, community groups and businesses!

Interested in SOLAR ELECTRICITY PRODUCTION and want to save money?

**Don't miss this one-off event!**

Darron Honey Centre  
(behind Uniting Church)  
286 Maroondah Highway  
Healesville

For further information  
and bookings visit  
[www.healesvillecore.org.au](http://www.healesvillecore.org.au)

Proudly supported by:



**Surrey Clothing**

Visit the Uniform Shop at  
Healesville P.S

Mondays  
Hours:

9am – 10am

E: [admin@surreyclthing.com](mailto:admin@surreyclthing.com)  
P: 9890 3487

Order Online for Free Delivery to  
the School Office

[www.surreyclthing.com.au](http://www.surreyclthing.com.au)



**WALK FOR HICCI**  
HEALESVILLE INTER-CHURCH COMMUNITY CARE INC

ALL PROCEEDS  
TO SUPPORT  
THE WORK OF  
HICCI

**Saturday 28th April**  
Starting between 9.30-10am.

**Queens Park, Don Rd  
Healesville**  
1, 2 and 3 km walks.

PRIZES FOR  
THE MOST  
SPONSORSHIP:  
OPEN,  
SECONDARY  
& PRIMARY

Sponsorship forms available  
from HICCI office  
231 Maroondah Highway  
(next to the Memo.)  
Ph 5911 6000 for more information





## HEALESVILLE PRIMARY SCHOOL CANTEEN MENU

\*Open Thursdays and Fridays Only\*

### Wholemeal Sandwiches, Rolls and Wraps \*\*

Choices of Salads are:

Lettuce  
Tomato  
Carrot  
Cheese

Choices of Meat:

Ham  
Chicken

Salad only	\$3.70
Meat and Salad	\$4.00
Vegemite Sandwich/Roll	\$2.00

### Wholemeal Toasties \*\*

Ham & Cheese	\$3.50
Chicken & Cheese	\$3.50
Tomato & Cheese	\$3.20
Ham Tomato & Cheese	\$3.80
Chicken Tomato & Cheese	\$3.80

### HOT FOOD

Mini Homemade Sausage Roll	\$1.50
Mini Meat Pies	\$1.10
** Mini Pizza - Tomato Base	
Ham & Cheese	\$1.50
Cheese & Herb	\$1.50
** Hot Dog in wholemeal roll	\$3.60
Steamed Dim Sims	\$1.10
** Home made Lasagne	\$4.00
Home made Fried Rice	\$4.00
** Crumbed Chicken Tenders	\$1.50 GF

### HOT FOOD - FRIDAY ONLY

** Mini home made beef burger with tomato sauce cheese & salad	\$3.70
** Mini Chicken Schnitzel burger with lettuce & aioli	\$3.70

### DRINKS

Flavoured milk	\$2.60
Choc, banana, strawberry	
Juice Boxes	\$2.00
Apple	
Orange	
Tropical	
Apple / Blackcurrant	
Sml Water bottle	\$1.00
Hot Milo	\$1.50

### SNACKS

Yoghurt	\$2.50
Vanilla	
Strawberry	
Fresh Fruit Salad	\$2.50
Home made muffins	\$1.50
Berry or Apple	
Home made mini muffins	\$0.50
Berry or Apple	
Home made Banana bread	\$1.50
Home made Coconut date balls	\$0.80
Home made Iced cup cake	\$1.50
Home made Lemon Slice	\$1.00
Home made Choc Weetbix slice	\$1.00
Home made Anzac Cookie	\$1.00
Home made Choc Chip Cookie **	\$1.00
Home made Pikelets	\$0.20
Home made Popcorn sml *	\$0.10

### SNACK PACKAGED

Liquorice Piece	\$0.10
Veggie Chips *	\$1.00
Messy Monkeys *	\$1.00
Burger Flavour	
Cheese Flavour	
Pizza Flavour	
Healtheries Potato Curls *	\$1.00
Chicken	
Popcorn *	\$1.00

\* GLUTEN FREE

\*\* GLUTEN FREE AVAILABLE