



we show
Respect

we are part of a
Community

we are
Confident

we are always
Learning

NEWSLETTER

Edition 3

Friday 16th February 2018

A NOTE FROM THE PRINCIPAL



I have had the pleasure of spending time in the Prep grades where they are learning about routines as well as becoming familiar with our school and its surrounds. I was having a discussion with a few children in Mrs Borg's grade about SPECT and what that meant. It took me a few seconds to realise that they meant RESPECT. Myself and Mrs Borg had a good laugh about SPECT!

School values are:

- We show RESPECT
- We are part of a COMMUNITY
- We are CONFIDENT
- We are always LEARNING

House Tokens

Each week all classrooms have discussions and participate in activities related to one of our Values. Tokens are awarded to students who display the correct behaviour consistently. Well done to all students who have earned tokens to date. I look forward to seeing the House Token Jars fill up.

Swimming Carnival

On Thursday our whole school made their way down to the Healesville Pool to participate in our annual swimming carnival. This year we had our Prep to Year 2 student's join the older students at the pool. The Prep to Year 2 students participated in games and fun events while our Year 3 to Year 6 students participated in 50m, 25m and 20 swimming events as well as fun races. Congratulations to our School and House Captains for all the organisation and assistance on the day. We have hundreds of photo's showing on the TV in the school foyer.

Uniform Shop

Our uniform shop is open every Monday from 9.00-10.00am with one of our fabulous mums, Kylie, running the shop. If you have any questions please see Kylie on a Monday or alternatively Surrey Clothing, our uniform supplier, has an online ordering option available, which is fantastic. If you are unsure about anything related to uniforms please do not hesitate to contact the school office anytime or see Kylie on Monday mornings.

(continued page 3.....)

House Points Award System - Tally So Far!

YARRA	MYER	WATTS	CHUM
13	10	22	16

UPCOMING SCHOOL EVENTS

FEBRUARY

Monday 19th February

"Getting To Know You" Interviews

Friday 23rd February

Upper Yarra District Swimming

Wednesday 28th February

Science Works Excursion - Years 5/6

MARCH

Thursday 1st March

House Athletics — Morrison Reserve

Monday 5th March

Division Swimming

Friday 16th March

Eastern Region Swimming Carnival

Tuesday 20th March

Grade 5 Art & Tech Day at HHS

Monday 26th March

Sean Choolburra Incursion

Tuesday 27th March

Healesville District Athletics

STUDENT AWARDS



PB: Cooper R, Gypsy B

PV: Jasmine C, Sophie A

1/2H: Paige B

3/4L: Charli L, Lyndsay M

5/6G: Tayah S

5/6W: Taylor D

1T: Isla C

2G: Sophie G

4S: Hayden G

5/6S: Ally C, Dane G

Our Art room is in need of the following:

- * Egg cartons
- * Cardboard food boxes
- * Ice-cream containers with lids
- * Cardboard tubes
- * Christmas wrapping paper
- * Christmas cards and
- * Shells

Any donations greatly appreciated.

REMINDER

'Getting to Know You' Interviews

Monday 19th February 2018

To book your interview please go to:

www.schoolinterviews.com.au

The event code is **29nb9**

Follow the prompts to select a time to meet with your child's teacher. The interview times are 10 minutes each. If you are unable to access the booking site please contact your child's teacher or the office and we will be able to

School Review

Currently HPS is in the last year of our 4 year Strategic Plan (SSP).

In the fourth year of the plan schools are required to reflect on the current SSP and complete a Self Evaluation. Part of the Self Evaluation the school is required to gather feedback from all stakeholders to establish whether we have achieved certain targets that were set 4 years ago. Our Self Evaluation has to be finalised by the end of term ready for our review to take place in May. This process is going to allow us to celebrate all of our successes while determining what still is a work in progress. From the feedback we receive and the observations and data gathered by our reviewer we will structure a plan for the next 4 years.

More information will be communicated as the term goes on.

A NOTE FROM THE PRINCIPAL (continued from page 1)

As a new year begins it is important that we give our children the tools in which to be successful at school and in life. I found his article that I has been in our newsletter last year and thought it was worth sharing again.

Set Yourself Up for a Great Year

At the beginning of the school year, much time is spent getting to know the children and helping them to understand and manage school routines, to organise their items and orient themselves comfortably in the classroom and playground. We work extensively on extending friendships and building relationships, both in our grades and across all year levels and indeed the whole school.

I recently read an interesting article *Set Yourself Up For a Great Year* written by Andrew Fuller (www.andrewfuller.com.au) and I hope you find these tips helpful:



1. Build positive relationships with everyone you know.

Parents, teachers, friends, everyone! One of the ways of reducing your stress levels is to set out to have as many positive friendships this year as you can.

2. Challenge yourself.

You are much, much smarter than you know. If you practise doing your best in life you will succeed because very few people ever practise doing their best. To do your best you have to get out of the habit of predicting that things won't go well for you. If you look for what's going to go wrong, you will always find it. If you look for what works, life just gets a lot easier.

3. Prepare yourself for learning.

Thinking positive isn't enough for successfully achieving goals. Implement ways to reduce distractions, or else learning will become a frustrating experience. Human nature is such that not everyone in your life will be a well wisher in your self-improvement and learning plans. They may intentionally or subconsciously distract you from your goal.

4. Get enough sleep.

Getting enough sleep helps you to manage stress, stay happy and also increases your marks. You need at least 8 hours and sometimes as much as 9 and a quarter hours a night.



5. Eat breakfast.

A lot of people skip breakfast, but you often learn best at school in the morning and it helps to have some protein in you to feed your brain. A lack of protein can actually cause headaches.

6. Do the most important things first.

Get into the habit of being effective. Write a to-do list each week. Ask yourself the question, "What is the one thing I could do this week that would improve my results?"

7. Use your time well.

Many people muck around in school and then wonder why they have to do so much work outside of school. If you can focus and listen well while at school you can save yourself endless hours.



8. From little things big things grow.

Do a little bit often. Succeeding at school can be easy if you do a little bit each day. The best learning occurs when you do repetitive interval training. This means do a little bit of practice every day. Interval training is especially powerful in subjects like maths and the sciences.

9. Focus and immerse yourself.

For at least some time every day switch all forms of technology off and focus on whatever you're studying. Don't try to watch TV, listen to music or gaze at a screen at the same time as learning something.

10. Play more.

Get active; break out into a sweat now and then. Lack of blood flow is a common reason for lack of concentration. If you've been sitting in one place for a while, stand up and stretch or bounce one of your legs for a minute or two. It gets your blood flowing and sharpens both concentration and recall. Even if you are really busy, regular bursts of exercise makes a massive difference to your stress levels, happiness and sleeping.



11. Decide to be happy.

Lots of people wait to be happy. They wait for the situation to be right. Or they wait for the right friends to show up. Some people spend their entire lives waiting to be happy. Decide to be happy now. Have a look at the things in your life you can feel lucky that you have. Appreciate the people who like you and love you. Make the most of the moment and seize the day. Have a fantastic year.

For more tips, please go to:
www.andrewfuller.com

Cameron Heath, Principal

House Swimming 2018

Yesterday we held our annual House Swimming Carnival at the Healesville Pool. The day was a great success and thanks to all the parents who helped out with place judging and scoring. Also it was fantastic to see many parents down at the pool at some stage during the day supporting their children.

Final Results

1st - Myer

2nd - Yarra

3rd - Watts

4th - Chum

Great effort Myer, winning two years in a row.

Interschool Swimming 2018 - Healesville Outdoor Pool Friday February 23rd

As a result of yesterdays House Swimming children who placed 1st or 2nd in a 50M event were given an invitation to compete at the Interschool Swimming next Friday. **These need to be returned before next Wednesday 21st February** as I have to collate our entries and forward them on to our District Secretary. These children may enter any event at the District carnival but if they wish to progress to Division level they must enter the 50M races. Congratulations to all these students.

House Athletics Thursday March 1st

In order for our House Athletics to work, we need about 10 parents to act as volunteers on the day, if you are able to help could you please let me know via the office.

Thanks

Chris Kent



CAMP AUSTRALIA BEFORE & AFTER SCHOOL CARE

This week we are going to talk about the Winter Olympics and the meaning of the colours of the rings.

We are also continuing with our beach theme on the back wall. The children have made some beautiful pictures of fish, coral, beach umbrellas etc.....

Just a little reminder if your child is attending the service and they are sick can you please let me know or cancel your booking online on Camp Australia's website (see ad on following page).

REMEMBER TO BRING ALONG A SPARE HAT TO BEFORE AND AFTER SCHOOL CARE SO YOUR CHILDREN CAN PLAY OUTSIDE.

from Stacey, Loveleen and Zaheena where we make children smile.



GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities



Flexible Booking Options Now Available at Camp Australia

At Camp Australia, we understand how busy life can be, and we heard you when you said you needed more flexibility to help with the ups and downs of everyday life. To support parents, we have introduced new Flexible Booking Options which allow parents more flexibility and choice over bookings.

When developing these options, we thought about how all parents using Outside School Hours Care have different needs – so we have created three custom membership options designed to meet the needs of:

- Parents with a predictable, regular schedule who are looking to reduce costs;
- Parents who want peace of mind that they can make changes when they need to;
- Parents who are happy with their current arrangement may receive no changes

In addition to new membership options, we have introduced a new Casual booking option through the Flex-e-Care (e-card), where you can pre-purchase ten Casual sessions at a discounted Casual rate, make bookings up to 2 hours prior to session throughout the term.

How Do I Find Out More About Camp Australia's Flexible Booking Options?

For more information about how these new Flexible Booking Options can benefit you, please visit www.campastralia.com.au/flexibility, or come and chat to the OSHC team.

We are so excited to launch these new booking options at your school – hope to see you in service soon!

The Camp Australia Team.

Yarra Ranges Parent and Caregiver Survey

Are you a parent or caregiver who has a child 0-8 years?

Yarra Ranges Council needs your help to better understand the services and supports families need in the municipality, identify key priorities and develop the 2018-21 Early Years Strategic Action Plan.

By completing the survey, you could win a Healesville Sanctuary family pass.

The survey runs from 5 February – 5 March 2018.

Visit www.yarraranges.vic.gov.au/haveyoursay or complete and return your survey at any Council Community Link or your local Eastern Regional Library.

For more information contact Family and Children Services: 1300 368 333 or email: earlyyears@yarraranges.vic.gov.au





Solar Hot Water for Home or Business

FREE INFORMATION

Saturday 24 February
10.30 – 12.30

Come and hear our experts provide valuable information on the latest technology on SOLAR HOT WATER & HEAT PUMPS for households, community groups and businesses!

Interested in SOLAR HOT WATER and want to save money?

Don't miss this one-off event!

Darron Honey Centre
(behind Uniting Church)
286 Maroondah Highway
Healesville

For further information and bookings visit
www.healesvillecore.org.au

Proudly supported by:







HEALESVILLE SOCCER CLUB

Healesville Soccer Club is a rapidly expanding club, with a focus on player development and community participation in sport.

Our priority is to create strong community engagement & quality soccer training and competition to everyone who wants to participate.

In 2016 Healesville Soccer Club won the Senior Men's and the Under 12s divisions in the Football Federation League.

At our new club facilities (Healesville Sporting Complex), we offer a range of player development programs.

Benefits of our club:

- Off-season Skills to Drill Program to maintain player skills
- Social nights (incl. big watching live soccer games together at the club house)
- Parents help with kits that we can and help buy proceeds for the players
- Annual football tournament - just for fun
- Fantastic club spirit that welcomes everyone to engage in the joy of soccer!

2018 Season Junior Programs

- MiniPops for players aged 5-8 years old
- Junior teams for Under 10s & Under 12s
- Able to build an all-ids U12 team

EARLY INFO REGISTRATIONS from 26th January to 26th February

Training starts early March - Sunday games start 16th April

Season runs to early September - Registrations end 1 June 2018

www.healesvillesoccerclub.com.au

These fitness programs are made possible with support from:



For more information please visit:
healesvillesoccerclub.com.au
or email us: healesvillesoccerclub@yarraranges.vic.gov.au

We look forward to having you with us this year!

These tests are available for students from Years 2–6 in the below curriculum areas.

If interested please contact Rosie House.



UNSW Global | Assessments

EVERY PARENT WANTS TO SEE THEIR CHILD REACH THEIR FULL POTENTIAL



ICAS gives you, your child and your school deep insight into your child's true capabilities — assessing the higher order thinking and problem-solving skills needed for success in English, Mathematics, Science, Writing, Spelling and Digital Technologies. ICAS participation can improve school performance.

FROM DATA TO DIRECTION

ICAS reports enable you to:

- Pinpoint your child's strengths — skills at which they excel
- Identify skill areas to be worked on, either for remediation or skill development
- See the answer your child gave to each question as well as the correct answer
- Track educational performance as your child progresses through school
- Obtain an independent external view of how your child is performing
- See your child's comparative performance nationally.

UNSW Global ICAS certificates also recognise student achievement.

SKILLS ASSESSED



ENGLISH

- Text comprehension
- Writer's craft
- Syntax
- Vocabulary



MATHEMATICS

- Algebra and patterns
- Chance and data
- Measures and units
- Number and arithmetic
- Space and geometry



SCIENCE

- Observing and measuring
- Interpreting data
- Applying data
- Investigating
- Reasoning and problem solving



SPELLING

- Dictation
- Proofreading
- Error correction
- Applying rules and conventions



WRITING

- Text purpose and structure
- Language choices that enhance the writing
- Syntax and grammar
- Punctuation
- Spelling



DIGITAL TECHNOLOGIES

- Common operating systems and hardware
- Graphics and multimedia
- Internet and email
- Programming and scripting
- Spreadsheets and databases
- Word processing

LEARN MORE

Visit www.unswglobal.unsw.edu.au/assessments or contact your child's school.

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SPECTRUM JOURNEYS AUTISM WORKSHOPS

For workshop details and booking information, visit
www.spectrumjourneys.org.au

FEBRUARY:

Geelong Workshop Day:

Managing Challenging Behaviours

Saturday 24th February

Presenter—Sonia Street, Psychologist

Building Communication in Under 5's with Autism

Presenter - Rebecca van Dyk, Speech Pathologist

MARCH:

Thriving Families Workshop - \$20

Tuesday 13th March @ 7pm

Salvation Army, Mooroolbark

Presenter—Hannah Gamble, OT

The Anxiety of Autism - \$35

Tuesday 20th March @ 7pm

Salvation Army, Mooroolbark

Presenter - Gillian Hanna, Psychologist

APRIL:

ASD & Continence Workshop - \$20.98

Tuesday 10th April @ 7pm

Salvation Army, Mooroolbark

Presenters—Charlinda Parsons, OT
& Conquip Continence Services

ASD & Extended Families - \$20

Tuesday 17th April @ 7pm

Salvation Army, Mooroolbark

Presenter - Sonia Street, Psychologist

DADS EVENTS:

SJI hub @ Lilydale 7PM - \$15

Wednesday 21st February

Tuesday 13th March

Tuesday 10th April

Presenter - Peter Gale



Surrey Clothing

Visit the Uniform Shop at
Healesville P.S

Mondays
Hours:
9am - 10am

E: admin@surreyclothing.com
P: 9890 3487

Order Online for Free Delivery to
the School Office
www.surreyclothing.com.au

The advertisement for Surrey Clothing features a dark teal background with various icons: a globe, a rack of test tubes, a stack of books, and a lightbulb. The text is in white and gold, providing contact information and a website link.

How does it work?



Step 1

For every \$10 spent at Coles, customers will receive one Sports for Schools voucher.



Step 2

Your school's families can then bring vouchers to your school, placing them in the collection bins provided.



Step 3

Every voucher received by your school will go towards your tally to help you order sports equipment.





HEALESVILLE PRIMARY SCHOOL CANTEEN MENU

Open Thursdays and Fridays Only

Wholemeal Sandwiches, Rolls and Wraps **

Choices of Salads are:

Lettuce
Tomato
Carrot
Cheese

Choices of Meat:

Ham
Chicken

Salad only	\$3.70
Meat and Salad	\$4.00
Vegemite Sandwich/Roll	\$2.00

Wholemeal Toasties **

Ham & Cheese	\$3.50
Chicken & Cheese	\$3.50
Tomato & Cheese	\$3.20
Ham Tomato & Cheese	\$3.80
Chicken Tomato & Cheese	\$3.80

HOT FOOD

	Mini Homemade Sausage Roll	\$1.50
	Mini Meat Pies	\$1.10
**	Mini Pizza - Tomato Base	
	Ham & Cheese	\$1.50
	Cheese & Herb	\$1.50
**	Hot Dog in wholemeal roll	\$3.60
	Steamed Dim Sims	\$1.10
**	Home made Lasagne	\$4.00
	Home made Fried Rice	\$4.00
**	Crumbed Chicken Tenders	\$1.50 GF

HOT FOOD - FRIDAY ONLY

**	Mini home made beef burger with tomato sauce cheese & salad	\$3.70
**	Mini Chicken Schnitzel burger with lettuce & aioli	\$3.70

DRINKS

Flavoured milk	\$2.60
Choc, banana, strawberry	
Juice Boxes	\$2.00
Apple	
Orange	
Tropical	
Apple / Blackcurrant	
Sml Water bottle	\$1.00
Hot Milo	\$1.50

SNACKS

Yoghurt	\$2.50
Vanilla	
Strawberry	
Fresh Fruit Salad	\$2.50
Home made muffins	\$1.50
Berry or Apple	
Home made mini muffins	\$0.50
Berry or Apple	
Home made Banana bread	\$1.50
Home made Coconut date balls	\$0.80
Home made Iced cup cake	\$1.50
Home made Lemon Slice	\$1.00
Home made Choc Weetbix slice	\$1.00
Home made Anzac Cookie	\$1.00
Home made Choc Chip Cookie **	\$1.00
Home made Pikelets	\$0.20
Home made Popcorn sml *	\$0.10

SNACK PACKAGED

Liquorice Piece	\$0.10
Vegie Chips *	\$1.00
Messy Monkeys *	\$1.00
Burger Flavour	
Cheese Flavour	
Pizza Flavour	
Healthieries Potato Curls *	\$1.00
Chicken	
Popcorn *	\$1.00

* GLUTEN FREE

** GLUTEN FREE AVAILABLE