



# NEWSLETTER

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*Edition 20*

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## A NOTE FROM THE PRINCIPAL

### Disco

Wow what an amazing turn out for this terms Disco. It was great to see students dancing, singing and enjoying social interactions with other students. Thank you to the Parents and Friends Association for the hard work they put in to organising the disco. Also thank you to the teachers who gave up their time to enjoy a dance with our wonderful Healesville Primary School Students.

### Earn and Learn

Over the past term the Year 5 and 6 students have been participating in Earn and Learn. Earn and Learn is a financial awareness program seeing students operate in a way similar to a small town. On Wednesday I visited the Year 5 and 6 Earn and Learn session where I saw students taking responsibility for their learning by working together in teams to manage and operate their businesses while enjoying and appreciating other students and what they have to offer. Congratulations to all our wonderful senior students and their teachers. Well done!

### Reminder Pyjama Day – Friday 26 June

The last day of term, tomorrow, we are having Pyjama Day. Each student can wear pyjamas and donate a gold coin to the Pyjama Day Foundation. The Pyjama Foundation helps children in foster care enjoy a brighter future through reading, education and encouragement. The National Pyjama Day event is a fun way to highlight the importance of reading and to raise funds for children in foster care at the same time through a simple gold coin donation.

If you would like any more information visit <http://www.thepyjamafoundation.com/pyjama-day/>

**Note:** This is not a free dress day. Students can wear pyjamas, if not school uniform is required.

### It's a GIRL

Congratulation to Penny and Tom for the birth of their first child, Elke Gamble. By all reports mum and baby are doing really well.

## STAFF ACKNOWLEDGEMENT

I would like to formally recognise the hard work of our staff over the last month or so as they have continued their core purpose of teaching kids to read, write and work with numbers whilst preparing and managing NAPLAN testing for Level 3 and 5 students, opening classrooms for Education Week activities, engaging in a new Department Performance and Development Process, preparing mid-year reports, following up at our Three Way Conferences, and supervising the many children who attended last Friday night's disco – as well as providing ongoing support to meet the wellbeing needs of our students and families (which can be all consuming just on its own).

Whilst teachers work hard and have varied and diverse roles, the one thing that the HPS staff have in common is a desire to help our children and our school community. Healesville Primary School is an excellent place to work and learn due to the dedicated, hardworking individuals who do whatever it takes to meet the school and children's needs. Teaching can be a thankless job, so I again acknowledge the exceptional efforts of HPS staff. Term 3 will provide continued opportunities and challenges ... lucky we're resilient!

### Children's Sleep Needs

I thought I would share an article from my files that came from the Herald Sun, on the benefits of a good night's sleep for school aged children. The author contends that primary school aged children should be getting up to 11 hours sleep per night in order to maintain their focus during class, improve attendance records and achieve their best possible academic results. Further to this study, it was noted that sleeping habits that affect obesity in childhood lead to ongoing issues as an adult. Clearly we all know the benefits of forming good habits for life and sleep patterns are no different.

(... Continued page 3)

## SCHOOL EVENTS

### JUNE

**Friday 26<sup>th</sup>**

Last Day of Term 2 – 2:30pm finish  
Pyjama Day – gold coin donation

### JULY

**Monday 13<sup>th</sup>**

First day of Term 3

**Thursday 23<sup>rd</sup>**

Bridges to Prep 2.45pm -3.15pm

## EARLY DISMISSAL TOMORROW- LAST DAY OF TERM 2

**SPECIAL ASSEMBLY from  
2:10PM  
STUDENTS FINISH AT 2:30PM  
BUS TRAVELLERS LEAVE AT  
2:15PM**

## STUDENT AWARDS

<b>PC:</b>	Zander V	
	Abi R	
<b>PP:</b>	Maddalen W	
	Kyah V	
<b>1K:</b>	Jack K	<b>1/2A:</b> Sakura N
<b>2R:</b>	Declan S	
	Zane A/H	
<b>5K:</b>	Lily C	<b>6S:</b> Zac H
<b>6W:</b>	Archer L	
<b>PE:</b>	Abbey K (1D)	<b>Art:</b> 1K
	Connor L (6S)	
<b>Performing Arts:</b>	Hamish M	

# ENROL NOW FOR PREP 2016

## CANTEEN

JUNE 2015

<b>Mon &amp; Tues</b>	<b>CANTEEN CLOSED</b>	
<b>Wed 24<sup>th</sup></b>	Jenny Daniels	
<b>Thurs 25<sup>th</sup></b>	Marilyn Caldicott	Kersten Newman
<b>Friday 26<sup>th</sup></b>	<b>No lunch orders – End of term</b>	

### CANTEEN NEWS

PLEASE REMEMBER THAT THERE ARE NO LUNCH ORDERS TOMORROW, LAST DAY OF TERM.. There will be lots of goodies to buy during play time as I will be selling off any remaining stock.

It is with mixed feelings that I say goodbye to my time at HPS.

I feel so lucky to have spent time with all the wonderful children that have come through our school. The children have bought me so much joy and I have loved my time with them. I feel so lucky to have watched 9 groups of preps grow and graduate from our school. I know that they are sick of me saying "What's the magic word!", "What's your room number?", and "Be careful, the basket is full, and there are noodles and milo in there, keep the basket steady!" I have really loved having some great student helpers over the years. Children that show such great responsibility, care and motivation. I have often had children just asking if they can come and help me. I certainly can't name you all, but you all know who you are, and you have been such a delight to work with.

I have feelings of great happiness, so happy to have met and made some great friends with the many wonderful volunteers that have helped me over the years. It is only with the help and support of these volunteers that the Canteen has been able to run so smoothly. The Canteen has been a base for some great conversations, counselling sessions, opinions, tears, and lots and lots of laughter. (Often during Canteen duty, we would solve all the problems in the world). I think it would be fair to say that most of the volunteers that have spent time in the Canteen have loved it. I say this because so many have continued to volunteer happily for 5, 6, 7 or even 10 years. I have to say that it is the Volunteers that have made the HPS Canteen such a wonderful place to be for the last 16 years.

I also have feelings of much excitement for the next phase in my life. I know that I will still have contact with all the special people that I have met over the years, and I am truly happy.

Thank you to the Staff at HPS, and when I say staff, I mean all the staff over the last decade and a half that have helped to make my time here at HPS special.

Thank you again to everyone; it has been a truly memorable ride.

For the last time

Thank you, Vikki Chandler xx

### Parents & Friends Club

A great big thanks to everyone who chipped in last Friday night to help make the school disco run so smoothly. It was an awesome team effort and wonderful to see lots of parents doing little jobs here and there which makes everything successful for everyone. Also thanks to the staff who came and enjoyed their chance to do something a little different with their students- Miss Mellody, Miss Liston, Miss Vermeltoort, Mrs House, Mrs Thomas, Mrs Lakeland, Mrs Williams, Mr Heath and Mrs Clarke. We do also appreciate the attendance of Sgt Stewart Thomson and Snr Const Cliff Argus from Healesville Police who enjoyed handing out dance prizes. Congratulations to our junior dance winners, Lily H and Ashton C and the senior dancers Jacob B & Jayde E.

We're looking forward to 2 weeks break and in Term 3 there'll be P&F get-togethers, as usual, on the last Wednesday of each month (ie: July 29<sup>th</sup> & August 26<sup>th</sup>). Then nearing the end of term 3, the Father's Day stall and maybe a raffle.

Thanks for your support, Maida Mitchell and Kylie Short

### Pyjama Day

We will be holding a 'Pyjama Day' fundraiser on the last day of term, Friday June 26<sup>th</sup>. Students are asked to make a gold coin donation, with all proceeds going towards children in foster care.



Jo Lakeland & Kathryn Mellody

### Literacy and numeracy at home- TOP IDEA

During the holidays talk about the distance between places you go, for example: how many metres might it be to your local park or how many kilometres to Lilydale?



Last week of term and we will be starting early on Friday to accommodate the early finish of the schools. We hope you all have a great two weeks break and come back all refreshed for term 3. I know I will!



We hope that our week last week on Respect has been a talking point with the children and they are understanding what respect and bullying is all about.

This week we are looking at Native animals and plants, explaining some of the plants we have just planted.)

I wish to remind parents that we will not be holding a holiday program at the end of term at Healesville but Camp Australia does have a program at Chirnside Park. Please go online at <https://www.campastralia.com.au/Holidayclubs/> to find out more information.

Thanks

Bob, Stacey, Nicola and Abbey from Camp Australia.

### STUDENT INFORMATION

It is important that the school has correct and up to date student information. Could all families please send their student information paperwork back to school before the end of term2. If the information is all correct, please still send the sheet back for our records.

### CSEF

If you have a health care card, you are eligible for the Camps, Sports & Excursions Fund. Please come to the office with your health care card no later than **Friday 26<sup>th</sup> June, 2015**.

### LOST PROPERTY

We have quite a lot of lost property here at the office. Including items students have lost in the playground. Items of clothing will be on display at the front of the office until Friday.

### BLANKET COLLECTION

We are collecting items to help the Homeless People of Melbourne. We are collecting items such as blankets, scarves, beanies etc. It's for the Organisation Blanket Melbourne. They distribute much needed items to people who due to whatever circumstances, beyond their control, are living on the streets, it's a Cold Winter. If you have anything that you can donate that would be greatly appreciated, ask family, neighbours, friends, team mates. I can collect personally or you can drop your items at the school office where I will collect them. I will take the items to blanket Melbourne TOMORROW.

Thank you, Stacey Kinsmore 0421 321 203

## A NOTE FROM THE PRINCIPAL (...continuation page 1)

In an age of endless social media and access to "screen time" via ipods, ipads, computers, interactive television and the like, more and more students are staying up late leading to poor habits.

As parents, it is essential that we set clear guidelines for bed time and the use of technology and social media. I speak to many parents who tell me of their battles to get their children to bed on time and to students who think that because they "get away with" going to bed at 9:30 or 10pm that they are somehow privileged. In the end, any primary school student going to bed that late, is not giving themselves the best opportunity to develop healthy life long habits. When we factor in the need to ensure enough time for breakfast and walking to school, in order to get the recommended 11 hours sleep per night, a child needs to be asleep by 8:30pm, perhaps a little later for Year 6 students occasionally. Getting a good night's sleep will then lead to less irritability, greater focus, increased cognitive functioning and better results all round, which in turn leads to an increase in long term quality of life.

As a baseline for success at school, experts recommend the following for primary school aged children:

- Establishing and maintaining a regular bedtime routine, including on weekends and during school holidays – this should include no screen time after the evening meal and bath time, story time/wind down time for up to 1 hour before tuck in time;
- A calm and excitement-free home environment after evening meal time;
- Avoid drinks containing caffeine (eg. Coke, and energy drinks) as caffeine takes approximately 9 hours to leave the system and affects the quality of sleep;
- Between 10-11 hours sleep each night for children 5-12 years of age – tuck in time between 7:00-8:30pm.

### End of Term

With the end of term upon us I would remind parents that there is an early finish at 2:30pm and that our whole school assembly begins at 2:00pm. Over the holidays we encourage families to safely use our grounds, as this not only is a good use of our outdoor facilities, but will hopefully deter vandals and graffiti. If you see any suspicious activity after school hours please call Department of Education Emergency Management on 9589 6266 or Healesville Police on 5962 4422. Have a safe and enjoyable holiday break and we look forward to Term 3 commencing on July 13th.

Cameron Heath, Principal

## CHESS

Last week on Wednesday the 17<sup>th</sup> of June, 10 students went to Badger Creek Primary to do a chess tournament. Everyone did really well. The scores were 30.5 to Healesville and 19.5 to Badger Creek. In 1<sup>st</sup> place was Xavier G, 2<sup>nd</sup> place went to Luca G and equal on third place went to Xin S, Cooper P, Keegan L, Lewis D, and Tomas M. There will be another tournament in term 4 and maybe we can win the fourth time in a row!

Mia Langford 6S

## Sports Report

### Interschool Sport

Last Friday we played our third game of Interschool Sport vs Woori Yallock PS at Woori Yallock.

The results were as follows,

Football Lost 50-52

Netball A Won 14-1

Netball Blue Won 7-2

T Ball Won 21-13

Volleyball Won 4 sets - 0 sets.

Soccer 0-0

### Student Game Reports

#### Football by Branny M

On Friday 19<sup>th</sup> of June grade 5's and 6's went to Woori Yallock to play interschool sport against Woori Yallock primary. In footy it was a very close game. We all did our best but in the end we lost by only 2 points with the final scores 50 to 52. Our best players were Jack H, Angus A, Archer L, Josh B and Connor D.

#### Netball Red by Mia L

On Friday 19<sup>th</sup> June Healesville Red Team got on a bus and went to Woori Yallock to play a netball game. Everyone tried their hardest and put a lot of effort in to it. The scores were Healesville 14 goals and Woori Yallock 1 goal. Our best players were Emma G who was in centre and Brooke E who played goal keeper. We all showed great sportsmanship and were looking forward to the next game.

#### Netball Blue by Johanna B

Last Friday Healesville P.S. Blue Netball Team played Woori Yallock. It was a good game and we won. The scores were Healesville 7 goals and Woori Yallock 2 goals. The best players were Holly W goal shooter and Ella C wing defence. Great job Healesville.

#### T Ball by Stella Atkinson

Last Friday, ten brave Healesville warriors walked onto the enemy base AKA Woori Yallock PS, but strutted off the T ball field. We not only smashed them we annihilated them. The scores were 21-13.

Several stand out performers were: giant Keegan L, the double "J's" Josh and James and the Hollywood Will P.

The whole team played remarkably.

(BECAUSE WE SMASHED THEM!)

Thankyou! by Stella A

#### Volleyball by Chelsea J

Last Friday the volleyball team played Woori Yallock at their primary school. We won all 4 sets easy. Even though it was a tight space everyone played well. Our 3 best players were Eden D, Caitlyn K and Erin G. At the end we all shook hands and thanked them. Like always we can't wait till the next game!

#### Interschool Sport Round Robin

On Wednesday 22nd July the annual round robin tournament will be held, all of our teams have been entered and hopefully details will go home this week.

Christopher Kent

## HEALESVILLE LIVING AND LEARNING CENTRE

### How To Use Your Apple or Android Device with Nigel Dobson

Date: Wed 15th Jul Time: 6:30 - 8:30 pm  
Duration: 10 sessions Cost: \$106/\$87 con

### First Aid Training with Anne Larkin

Duration: 1 session Cost: \$130/no con  
Option 1: Date: Sat 1st Aug Time: 9:00 - 5:00 pm  
Option 2: Date: Sat 5th Sept Time: 9:00 - 5:00 pm

### CPR Refresher with Anne Larkin

Duration: 1 session Cost: \$65 / no con  
Option 1: Date: Sat 1st Aug Time: 9:00 - 1:00 pm  
Option 2: Date: Sat 5th Sept Time: 9:00 - 1:00 pm

### Pottery Workshop with Judith Ambrose

Date: Sat 25th Jul Time: 10:00 - 1:00 pm  
Duration: 1 session Cost: \$60 / \$50 con

### Bush Tucker Program with Ron Barrow

Date: Tue 14th Jul Time: 10:00 - 3:00 pm  
Duration: 18 sessions Cost: \$137/\$120 con

### Nutrition (Healthy Eating) with Sophia Probst

Date: Thur 23rd Jul Time: 11:30 - 12:30 pm  
Duration: 8 sessions Cost: \$90 / \$85 con

### Fitness Walking with Marjrie Endacott

Date: Tue 14th Jul Time: 9:00 - 12:00 pm  
Duration: 8 sessions Cost: \$17 / \$14 con

### Pilates with Sophia Probst

Date: Mon 20th Jul Time: 6:30 - 7:30 pm  
Duration: 8 sessions Cost: \$90 / \$85 con

### Stretch and Flex with Sophia Probst

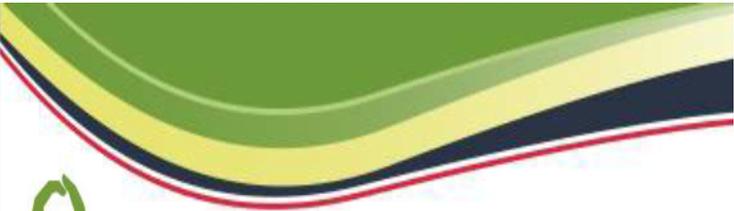
Date: Wed 22nd Jul Time: 9:00 - 10:00 am  
Duration: 8 sessions Cost: \$90 / \$85 con

### Boxing for Fitness with Sophia Probst

Duration: 8 sessions Cost: \$90 / \$85 con  
Evening Sessions: Date: Tue 21st Jul Time: 4:30 - 5:30 pm  
Morning Session: Date: Sat 25th Jul Time: 8:30 - 9:30 am

### Group Circuit Training with Sophia Probst Code:

Date: Fri 24th Jul Time: 9:00 - 10:00 am  
Duration: 8 sessions Cost: \$90 / \$85 con



## Landcare – Connecting to Country

### Linking Community, Environment & Indigenous culture

**Thursday 2<sup>nd</sup> July, 9.30am – 3pm**

**A free event for 5-12 year old children  
(Accompanied by an adult) at Badger Creek**

Yarra Ranges Landcare Network, proudly supported by the Yarra Ranges Council, Melbourne Water and Mt Toolebewong & District Landcare Group, is offering a free holiday environmental activity for 5-12 year olds during NAIDOC Week 2015.

**What's it all about?**  
Landcare is all about volunteers coming together to help the environment. Our Connecting to Country event provides an opportunity for children to get involved in some fun environmental activities and to learn about local Indigenous culture, during the National Aborigines and Islanders Day Observance Committee Week (NAIDOC week). A Wurundjeri Elder will share stories and knowledge, the Green team Narap & Landcare volunteers will help plant and Bush Food will be provided.

**Who can come?**  
We invite 5-12 yr. old children with a parent or carer to come along.  
No dogs please & this is a smoke free event  
# Places are limited to 50 participants with adults invited to take part whilst supervising their children. You must register for this event. **Regos close: 23<sup>rd</sup> June.**

**What to bring** - warm clothes, raincoat, gloves, sturdy boots/gumboots & fold-up chair  
**To Register & queries:** Contact Anne Fitzpatrick Landcare facilitator on 0488 766 113  
or email: [vylandcare@gmail.com](mailto:vylandcare@gmail.com)



## HEALESVILLE PRIMARY SCHOOL UNIFORM SHOP

Surrey Clothing

### UNIFORM SHOP OPENING HOURS FOR THE TERM BREAK

**LAST DAY: FRIDAY 26 TH JUNE 15 at 9am - 10am**

**RE-OPEN: FRIDAY 17 TH JULY 15 at 9am - 10am**

**OR CALL 9763 1101 FOR YOUR PHONE ORDERS**

**NEW ONLINE SHOP COMING SOON- [www.surreyclothing.com.au](http://www.surreyclothing.com.au)**

Remember purchasing from Surrey Clothing is directly supporting your school.

**The Uniform Shop at Healesville PS**  
Fridays 9am - 10am during the Term.

Due to the limited space at the uniform shop it's best to order online or phone for pick up's on Friday.

**A: 2/36 Koornang Road, Scoresby 3179**  
**P: (03) 9763 1101**

**E: [info@surreyclothing.com.au](mailto:info@surreyclothing.com.au)**

**Trading Hours: MON - FRI 9am - 5pm**

