

# Healesville Primary School

NEWSLETTER



we show

**Respect**

we are part of a

**Community**

we are

**Confident**

we are always

**Learning**

Edition 27 - Friday, 31st August, 2018

## A Note from the Principal

At assembly each week I feel so proud when I see students being recognised for their hard work and seeing their classmates celebrating with them, it gives me a real feeling of 'we are in this together' and the living of our values. It is also extremely important to realise that many students are consistently working hard and producing fantastic work. For these students we have our House Token Reward System. On the window of the front office we have our 10 token club where 13 students to date have been successful in achieving 10 tokens. I look forward to seeing many many more students receive 10 tokens this year.

### **Recycling at Healesville Primary School**

Approximately 72 percent of the waste currently being landfilled or incinerated consists of materials that could be put to higher and better use through recycling or composting. Most of this material is office paper, cardboard and food waste. Each day bags and bags of rubbish are taken from the classrooms and placed in our school dumpster. I consistently ask myself how can we change this and start to recycle effectively at HPS. Next week each class will be given a bucket for food scraps which will be emptied into our compost bin daily. Paper waste is to be placed in our wheelie bins located at the back area of the admin building. This will dramatically reduce the waste being placed into our school dumpster and in turn assist our environment.

At assembly on Monday I also challenged all the students to ensure that we have no rubbish in our yard. Thank you to all our fabulous students who at recess and lunchtime gave up their own time to pick up rubbish around the yard.

Let's work together to ensure our children's children see and enjoy the beautiful environment that we see and enjoy.

### **Father's and Special Person's Day Morning**

It was fantastic to see so many dads and special people attending our annual Fathers and Special Persons Morning. Thank you to the amazing staff at HPS for helping set up, cook and organise the events, it takes a community to run events like this.

### **LEARNING TOGETHER**

What Counts?

I recently read an article in [Parenting Ideas](#) around what really counts in your child's development. For your consideration, the following are five skill sets that researchers believe contribute massively to overall student success and contentedness at school. Part developmental and part environmental, it seems they should be recognised and encouraged.

#### **1. Friendship skills**

The ability to get along with others is hugely important for children and teenagers. Those students with a strong set of friendship skills are easy to like, easy to relate to and easy to play with. The skills they possess include knowing how to win and lose well, how to approach others to join in a group and how to lead rather than boss.

#### **2. Organisational skills**

The ability to organise your time, your space, your items and other aspects of your life is a massive plus for any student. The best way to help children who are organisationally challenged is to introduce them to systems and processes to help them organise themselves. These processes include the use of visual reminders, anchoring (i.e. linking new behaviours to habitual behaviours) and the mapping out of activities.

#### **3. Optimism skills**

It may seem strange to see optimism as skill set, but as leading psychologist Professor Martin Seligman discovered through his research, optimism can be taught. Seligman found that while some children are more inclined by nature to see a glass as half empty, than half full, all children are capable of developing an optimistic explanatory style through exposure and direct teaching. The skills of optimism include being aware of self-talk, reframing negative events into positive events and the practice of perspective-taking.

#### **4. Coping skills**

Kids will generally face a number of challenges during the course of their school lives including overcoming the disappointment of not being picked on a team, working their way through difficult learning situations and dealing with rejection. The impact of these challenges will depend on each kid's own spirit, the support they receive and their coping skills. The good news is that coping skills can be taught or, at the very least, encouraged if adults know what to focus on. Coping strategies include parking problems for a while, normalising difficult situations and accepting and moving on. Some kids will use coping strategies quite naturally, while others need parental and teacher input to help them cope with even seemingly minor challenges.

#### **5. Relaxation skills**

The ability to relax and get away from it all is vital for the maintenance of mental health, which in turn affects a student's ability to perform. Many of today's kids live with pressure. That pressure needs to be released through relaxation and play, otherwise it can lead to anxiety and other mental illnesses.

The ability to relax and unwind is paramount to your child's school success. Relaxation techniques include mindfulness and meditation, participating in hobbies and enjoying creative pursuits.



**Cameron Heath, PRINCIPAL**



**Monday - 3 September**

Grade 6 Production at Memorial Hall - A Musical in a Day  
Chocolate Fundraiser Begins  
Premiers Reading Challenge list of books read due back to Mrs Dale

**Tuesday- 4 September**

Bookclub Issue 6 due back

**Thursday - 6 September**

Kinder Transition Session 2:45 - 3:15 (Music & PE)

**Friday - 7 September**

Year 3-4 Hooptime - Selected Students

**Tuesday - 11 September**

Mother-Special Persons/Daughter evening 6.00 pm - 8.30 pm  
Year 6 Students

**Wednesday - 12 September**

Photo Trail/Expo /Tabloid Sports - Prep to 2

**Thursday - 13 September**

Father-Special Persons/Son evening 6.00 pm - 8.30 pm  
Year 6 Students

**Friday - 14 September**  
**CURRICULUM DAY - Pupil Free Day**

**Tuesday - 18 September**  
School Council Meeting 7.30 pm - 9.00 pm

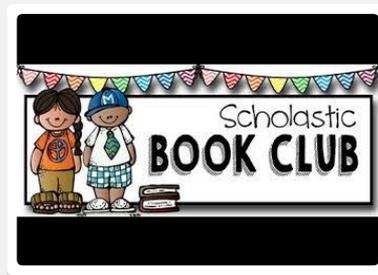
**Wednesday 19 - Friday 21 September**  
Alexandra Camp - Year 3 & 4

**Friday - 21 September**  
Last day of Term 3 - Students finish 2:30  
Bus Travellers finish 2:15

**Monday - 8 October**  
First Day Term 4



**Prep B:** Dominic G & Elliot K **Prep V:** Mason E, Euan D & Ty H  
**1T:** Linden D & Jake C **1/2H:** Casey S  
**2G:** Cody R, Tilly G, Cooper M, Daniel R, Luis L, Max L & Aaron B  
**3B:** Zaine D & Georgia W  
**4S:** Jack K  
**5/6D:** Tyler N **5/6G:** Tyler B **5/6S:** Josh B **5/6W:** Olive L



**Issue 6 - Due back**  
**4th September**

Bookclub orders for Issue 6  
need to be in by 4th of  
September.

# REMINDER FOR PREMIER'S READING CHALLENGE



If you have been doing the Premier's Reading Challenge please send along your list of books asap so they can be entered online. If they are not sent in by next Tuesday a certificate cannot be issued.



## A Musical In A Day

### Year 6 Production "The Lone Star Cowboy"

**Monday 3rd September 6pm**

Tickets for parents/grandparents etc for the evening performance of the Year 6 Production are available to purchase through **TryBooking** (click on the link below). The cost of the tickets are **\$8.00 per person**. Please note that the tickets are not allocated to a seat. It is general admission.

**Purchase your Performance tickets here - \$8.00**



**All Year 3/4  
camp  
payments**

**must be finalised by  
Friday, September 7th.**

If you are unsure about your payments, please contact  
Louise or Simone in the front office.

**Year 5 & 6 Melbourne Discovery Camp**



**Just a reminder  
that camp  
instalments are  
due on  
September 1st.**

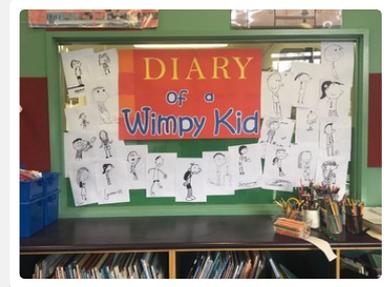
**\$55 for the Year 5/6  
Melbourne Discovery Camp  
(1 Jun to 1 Nov)**

**Please note that if you have Pre-Paid  
fees or CSEF, you still need to contact  
the office to let us know to allocate the  
funds.**

**Payments can be made via  
BPay, cash, cheque or debit/  
credit card.**

## Book Week

Last week we celebrated Book Week at Healesville Primary School. Each grade has made a display of their favourite book and hung them up in the Library.

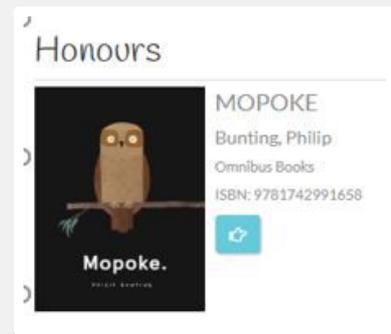


On Wednesday, we had a Book Swap day where many students brought in old books from home and swapped them over for new ones. This was a very cheap and easy way for everyone to get some new reading material for home.

Friday was our Book Week dress up day where everyone came dressed as his or her favourite book character. The students (and teachers) all looked amazing and some even won prizes for being Best Dressed



We have also been reading and doing some activities around some of the short-listed picture story books from the CBCA award list. The books were great and are now available for everyone to read in the school Library.



## **ATTENTION GRADE 6 PARENTS:** **Mother (Special Person) and Daughter Night 2018** & **Father (Special Person) and Son Night 2018**

These two events are special evenings run by the school for Grade 6 parents/carers and their young person. They are a great opportunity to spend a fun and relaxed time together, connecting and learning about how to build even stronger relationships during this transitional stage of their development. Invitations are coming soon.

The dates to watch out for are:

**11th September 6.00—8.30pm (Mother/Daughter) &  
13th September 6.00—8.30pm (Father/Son).**



# STATE PENNANT AND VICTORIAN CHAMPIONSHIPS FOR ACROBATIC GYMNASTICS

*To Mr Heath*

*Me, Ruby, Isabelle, Hanna & Sakura all competed in Geelong.*

*We had to perform 2 routines. They were called balance and dynamic.*

*We had to compete in our own levels in front of a panel of judges.*

*I felt excited to be a part of it and we were versing 4 other teams called team Adrenalin, Sky Lark Sports, Nunawading and we were Yarra Valley.*

*I have 2 partners, Isabelle has 2 partners, Ruby has 1 partner and Hannah and Sakura are partners. Isabelle got a gold medal, Ruby got 2 golds and 1 silver and I got a gold medal. Hannah and Sakura got a silver medal.*

*From Isla C - Grade 1T*

## House Token Tally

Chum	Watts
66	55
Myer	Yarra
48	64

## Fete Sponsor of the Week

Thank you to our generous sponsors for their support of our community fete.



**Healesville Primary School Community Fete**  
**FREE ENTRY**  
**Saturday 27th October 2018**  
**10AM-3PM**  
**Big Rides**  
 ★ Market Stalls ★ Yummy Food  
 ★ Showbags ★  
 Stage Performances ★ Silent Auction  
 Fun Games

**\*SPONSOR OF THE WEEK\***  
**McKenzie's**  
 Tourist Services Pty Ltd

McKenzies Tourist Services has been family owned and operated since 1927. Their company policy has always been to serve and please the public, and they have been doing so for over 90 years. McKenzies offer a wonderful school bus service for the local schools including daily student transport and buses for excursions, as well as a reliable bus service for the wider community. Healesville Primary School would like to say a BIG Thank You to McKenzies Tourist Services for being a major sponsor of the Community Fete.

**THANK YOU TO OUR SPONSORS**  
 Sponsorship opportunities are still available.  
 Please contact Beck Collins on 0402 859 897

**HIGHEDGE** Healesville Toyota **TOYOTA**  
 The Motor Working Specialists  
**RIDGELINE** **HDB**

## General Information

### Canteen Menu



#### Canteen Menu

Please download the file if you would like a copy of the canteen menu.

[Download](#)  
101.3 KB

**FREE DELIVERY TO SCHOOL WHEN YOU BUY YOUR UNIFORM ONLINE**

[www.surreyclothing.com.au](http://www.surreyclothing.com.au)



Your School Login:

Username: HPS

Password: HPS

Remember to choose Paypal/Visa payment option and fill-in your child's name and class for free delivery

**HEALESVILLE PRIMARY UNIFORM**

424 Station Street, Box Hill, Vic 3128

P: (03) 9890 3487

admin@surreyclothing.com.au

Please click here to order your uniforms online.

School Login Details: Username - HPS Password - HPS



If your child is unwell and unable to attend After School Care,  
**please call Stacey direct on 0405 440 885.**

If you wish to enrol in Before and/or Afterschool Care, you need to enrol via the  
Camp Australia enrolment link below.



First Day Free.pdf

When you enrol with Camp Australia, your first day is free. Check it out!

[Download](#)  
438.3 KB

# Healesville Primary School Booking Options

Before Care Times: 07:00 – 08:45  
After Care Times: 15:30 – 18:30

## Permanent Rates

These apply when multiple bookings are placed. You can review the minimum for each booking below.

Rate Schedule	Low-Flex	Standard-Flex	High-Flex
<p><b>For parents with a regular schedule looking to access cost savings.</b></p> <p><b>Before Care</b> Full Fee: \$17.40 → With Menu, Subsidy: \$5.76</p> <p><b>After Care</b> Full Fee: \$21.50 → With Menu, Subsidy: \$5.71</p> <p>Bookings: +48 hours in advance</p> <p>Cancellations: will incur session fee</p> <p>Minimum 40 bookings per year* (Average 1 session per week)</p>	<p><b>For parents that want minimal changes to their current situation with their increased flexibility.</b></p> <p><b>Before Care</b> Full Fee: \$20.62 → With Menu, Subsidy: \$7.34</p> <p><b>After Care</b> Full Fee: \$25.11 → With Menu, Subsidy: \$7.47</p> <p>Bookings: +48 hours in advance</p> <p>Cancellations: +7 days before session</p> <p>Minimum 40 bookings per year* (Average 1 session per week)</p>	<p><b>For parents with irregular schedules required to make changes often and at the last minute.</b></p> <p><b>Before Care</b> Full Fee: \$20.12 → With Menu, Subsidy: \$6.50</p> <p><b>After Care</b> Full Fee: \$27.41 → With Menu, Subsidy: \$6.72</p> <p>Bookings: +2 hours in advance</p> <p>Cancellations: +2 hours before session</p> <p>Minimum 20 bookings per year* (Average 1 session per fortnight)</p>	

\*The minimum number of bookings must be met for each child in each term (Before Term, Care and After School Care) that is being used. If the child attends more than one school, the minimum number of bookings must be met for each school. Minimum bookings are based on the number of weeks in the school year. The session booking requirement for each rate after term ends is reduced to apply when there is less than 5 weeks remaining and the children must be registered for the day membership reduction for each week more than 30 weeks remaining.

## Casual Rates

For parents who need care every so often (less than 5 per term)

Before Care	After Care
Full Fee: \$25.62 → With Menu, Subsidy: \$9.54	Full Fee: \$30.11 → With Menu, Subsidy: \$9.97

Bookings: +48 hours in advance  
Cancellations: will incur session fee  
Minimum 20 bookings per year

**Additional Fees:**  
Late Arrival Fee: When a child is collected after the closing time of the centre a parent will be charged \$10 per 15 minutes or part thereof, per child.

## Annual Enrolment Fee \$25\*

### Are you eligible for the Child Care Subsidy?

The Child Care Subsidy can provide up to 85% off your fees.  
If you're unsure about your eligibility contact Centrelink on 13 61 50

Details of all fees, terms and conditions are available on [www.compassivillage.com.au](http://www.compassivillage.com.au)  
Send us your Contact Us form and we'll call you on 1300 105 343



[Camp Australia enrolment link](#)

## LPC Music Australia

Guitar, ukulele, keyboard and singing lessons at Healesville Primary School, keeping with the LPC principles of making it fun and getting kids performance ready,  
Private lessons are \$30 for 30 minutes with a 10% discount offered for full term paid in advance.  
Joint lessons (2 students) \$20 for 30 minutes with a 10% discount offered for full term paid in advance.

**For more information or to enrol now:**  
contact Ewan Cloonan on 0408 197 884 or  
email [lpcmusicaustralia@gmail.com](mailto:lpcmusicaustralia@gmail.com)



EDVOS is a specialist family violence service for women and their children who are currently living with or have experienced family and domestic violence.

## Are you experiencing domestic violence?

### Help is available

Located at this school on select days, or by appointment, is a local specialist family violence service to support members of our school community who may be experiencing family violence.

This free service can provide information and specialist support, or are available just to have a chat. If you would like to drop in or make an appointment with the EDVOS Family Violence worker, enquire with the school administration for further details.

Or call EDVOS directly on 9259 4200. If you are in immediate danger please call 000



### About Us

 Facebook

 Healesville Primary School, 2 V...

 [healesvilleps@edumail.vic.gov...](mailto:healesvilleps@edumail.vic.gov...)

 (03) 59624053

 [hps.vic.gov.au](http://hps.vic.gov.au)