A NOTE FROM THE PRINCIPAL

Healesville 150th Celebration
What a fantastic sight to see hundreds of people lining the main street of Healesville on Saturday to watch and celebrate the diversity that Healesville has offered over 150 years. I was very proud to be part of Healesville Primary seeing all the old costumes that our students and families had spent many hours putting together and even more so when we received a prize for the Best Traditionally dressed school. I must say that Mrs Lakeland, Mrs Clarke and Mrs Hogg looked amazing. I would like to take this opportunity to say thank you to all of the students who participated and to the parents, family members and school staff who helped on the BBQ. A special thank you to the wonderful people, who set up, cooked all day and packed up at the end of the day. ‘Great schools are built around great communities, full of great people.’

Parent Requests 2015
Parent requests for classes for their children for 2015 have closed and reasonable requests will be taken into consideration as staff are currently working on creating grade groupings, aiming for balanced and equal classes utilising their knowledge of the children’s academic, social and emotional needs. As well as considering child friendship selections and genuine parent issues, this is a complex task. Indeed, the teachers themselves are not assigned classes until the end of this process.

Healesville Primary School is a traditional school with high expectations and standards. The organisation of our school is prominently straight grades with some multi-age grades formed due to student numbers in certain year levels. Following considerable consultation we are planning for our budget to sustain fourteen classrooms next year,

- Foundation: two classes
- Year One: two classes
- Year One/Two: one class
- Year Two: one class
- Year Three: two classes
- Year Three/Four: one class
- Year Four: one class
- Year Five: one class
- Year Five/Six: one class
- Year Six: two classes

Before the end of the year, I expect to be in a position to indicate to all parents and our wider community the allocation of staff to each of these roles for 2015. Please be aware that at this time of the year, our teaching and non-teaching staff has the opportunity to apply for other positions state wide and often it is very late in proceedings when we are able to confirm final arrangements. This year we are introducing a grade to grade transition where students, starting week 7, will spend 30 minutes in their 2015 year level (please note that this may not be your child’s 2015 teacher but an introduction to the year level they will be going into). In week 9 or 10 all students will know their 2015 teacher and spend 3 X 30 minutes sessions getting to know them. We are endeavouring to decrease the anxiety and stress of starting a new year by implementing this process.

Cameron Heath, Principal

SCHOOL EVENTS

NOVEMBER
- Friday 14th: Munch & Crunch afterschool Pancake BBQ
- Monday 17th – Friday 21st: Grade 6 Camp
- Thursday 20th: Bridges to Prep 2015 – Literacy Afternoon 2.45-3.30pm
- Thursday 27th: Healesville Sanctuary 10 & 1/2A
- Friday 28th: Blue Light Disco in School Hall 5:30pm

Okka Pie orders due back

DECEMBER
- Monday 1st: Tricia O’Reilly Award presented at assembly
- Wednesday 3rd: Parent Helpers Morning Tea
- Thursday 4th: Preps Orientation Day 9:30-10:30am
- Uniform Shop 9am – 11am
- Monday 8th: School Council Meeting

STUDENT AWARDS
PM: Joseph J, Charlotte R
PC: Chloe W, Jake K
PP: Isobel P-L, 10: Georgie C
1/2A: Pat M, 2B: Olivia F
2R: Zane A-H, 3B: Blake H
4L: Bradlee F, 5G: Kye T
6N: Conner E, 6W: Mahna T-H
P.E: Sakura N, 10, Jacinta S, 5G

ENROL NOW FOR PREP 2015
**CANTEEN**

**NOVEMBER 2014**

<table>
<thead>
<tr>
<th>Mon &amp; Tues</th>
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<tr>
<td>Wed 19th</td>
<td>Cathryn Cosson</td>
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<tr>
<td>Thurs 20th</td>
<td>Rebecca Church, Marilyn Caldicott</td>
</tr>
<tr>
<td>Fri 21st</td>
<td>Susan Ferguson, Lyn Brendish</td>
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Everyone should have received an order form for Okka pies on last week’s newsletter. **Order forms and money are due back to the Canteen by Friday November 28th.**

Thank you Vikki Chandler

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**Parents & Friends Club**

Tomorrow we are hosting an afternoon tea BBQ as part of the “Crunch & Munch an Awesome lunch” program. Come along & sample a yummy pancake after school outside the library.

On Friday 28th there will be a blue light disco held in the school hall for Healesville Primary students only. See separate notice (to follow) with details on times & a return slip so we can estimate how many students are planning on attending.

Last Saturday we hosted a sausage sizzle at the Party in the Park after Healesville’s big 150th parade. It was a beautiful day and a very busy one for all those involved. A magnificent effort from many staff and parents meant we were able to make almost $1,000 for our school. I’d like to thank the following parents for their contribution Jacqui, Duane, Kylie, Bec, Tash & Eleanor. I would also like to thank “The Beef Joint” for our sausages and hamburgers and “Baker’s Delight Healesville” for the bread. I encourage the wider school community to shop at these places and support the businesses that support our school.

Thanks for your support, **Maidi Mitchell**

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**Literacy and numeracy at home - TOP IDEAS**

As the weather gets warmer make a graph to record the temperature for a week, you can look at the highest and lowest temperatures, and whether it reached the forecasted temperature.

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**CHRISTMAS GIVING TREE VOLUNTEERS NEEDED**

With Christmas only a couple of short months away, in the next few weeks we will be putting together our annual Christmas Giving Tree for our local aged care facilities.

If you would like to help us out with organising and putting up our Christmas tree in the office foyer please leave your name and contact details at the school office.

**Thank you, Kylie Short**

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**Did you know?**

Low-fat milk has the same calcium as Full-fat milk. Low fat dairy products are just as high in calcium as full-fat dairy products. Children over two years old, and adults are encouraged to chose low fat dairy products.
Remembrance Day Tradition

In 1918 the armistice that ended World War I came into force, bringing to an end four years of hostilities that saw 61,919 Australians die at sea, in the air, and on foreign soil. Few Australian families were left untouched by the events of World War I - ‘the war to end all wars’. Most had lost a father, son, daughter, brother, sister or friend.

At 11am on the 11th of November we pause to remember the sacrifice of those men and women who have died or suffered in wars and conflicts and all those who have served to protect our country. This is an important ceremony that reminds us that the freedoms and prosperity that we enjoy as a nation have not come without a cost, and that we should be thankful to those who paid the price so that we may enjoy the wonders of this great country. Please take the time to talk to your children about the importance and significance of Remembrance Day, so that we can ensure the appropriate respect is shown during the service.

Aboriginal Victorians’ Involvement in World War I

Between 800 and 1,000 Aboriginal Australians volunteered to enlist in the First World War. At enlistment camps, Aboriginal Australians stood side by side with other Australians to answer the call of duty. They fought together with their mates in the trenches, they suffered the hardships of war, and their families and communities grieved those who didn’t come home. The contribution of Aboriginal service men and women to the First World War has not always been well recognized.

The Ode

They shall grow not old,
as we that are left grow old:
Age shall not weary them,
nor the years condemn
At the going down of the sun
and in the morning
We will remember them.
Lest we forget.
LOST

2 Hoodie Jumpers - both named ‘FRITH’ from grades 10 and 2S. If found please return to room 13 or 6.

HEALESVILLE HIGH SCHOOL ROOKIE BAND WORKSHOP

Grade 6 music students Ellie W, Jasmine K, Taylar C and Rosie F joined with the Healesville High School Rookie Band for a full day workshop at Melba College. The students worked hard and learnt three new pieces to add to their repertoire of fantastic music. The students also had the opportunity of playing with some more experienced students who were very encouraging and helpful to our young players. Well done to all students.

Our grade 5 students practising together for assembly one day soon.

LILYDALE HIGH SCHOOL CAR BOOT SALE FUNDRAISER

Saturday 15th November from 9am – 2pm
School Oval, 25 Melba Ave Lilydale

Entertainment for the entire family with a sausage sizzle, local bands, fun competitions plus a jumping castle and face painting for the kids.

19 students are heading off on an adventure to Cambodia and Vietnam to challenge themselves and help others.

To be involved, book a spot or for further information contact: Laura Higgins 0421 497 104 or Tom Moore 0421 808 162)
You could say that I am a bit of a technology geek. I love checking out the latest gadgets and exploring what new technology can do. Since I was a young child I have seen technology come leaps and bounds... I started out with computers that you had to put these cards in them just to run the different programs! Nowadays an average mobile phone is more powerful than the earliest home computers. The way technology has developed over the last 25 years really is amazing!

Whilst technology is great and helps us tremendously with so many tasks in life, sometimes it can be distracting. I don't know about you, but have you ever wasted a whole afternoon playing games or doing something on an electronic device? I have! Have you ever forgotten to do something because you became too absorbed in what you were doing on an electronic device? I have! It is very easy for us as adults to get caught up in technology and to forget to do important things because we are too occupied with our devices. Technology can be great, but it can also have some bad side effects.

One of the best things we can do as parents is limit the amount of time that our children spend using electronic devices. Here are some reasons why we should limit time on technology (taken from childparenting.about.com):

- **It may interfere with sleep.** Getting enough sleep can be challenging enough for busy kids today who often have homework and after-school activities crammed into their weekdays and extracurricular activities and sports on weekends. Add to that numerous hours of TV watching -- which averages up to as much as 3 to 4 hours a day, according to the American Academy of Child and Adolescent Psychiatry -- and you have a recipe for sleep-deprivation in kids. Moreover, electronic stimulation, such as from watching TV or using the computer, has been shown to interfere with sleep (both falling asleep and staying asleep).

- **It may cut into family time/person-to-person interaction.** When we are using technology such as computers, games, and TV, we are not interacting together. And given how difficult it can be for families to find some good quality time to spend with each other, having technology cut into those moments is something parents may want to prevent as much as possible. While it can be fun to have a family movie night or play a videogame together, the fact is that screen time means less face-to-face interaction time.

- **It may encourage short attention span.** Studies have shown that too much screen time may be associated with attention problems.

- **It may interfere with schoolwork.** Children who watch a lot of TV are more likely to have lower grades and read fewer books. And research has shown that to be true! (call Joel if you want links to articles to prove it!)

- **It may lead to less physical activity.** More screen time has been associated with reduced physical activity and higher risk of obesity in kids.

- **It may expose kids to too much advertising and inappropriate content.** Many television shows and commercials depict sexuality and violence as well as stereotypes and drug and alcohol use. Many commercials also promote junk food and toys in powerful and alluring ways that are designed to get kids to want these items.

Next week I'll share some ideas about how to set boundaries around the use of electronic devices with children. Stay tuned for the next instalment!

Joel Hawting, Chaplain, Healesville PS
Fundraising with us is easy, hassle free and generates revenue for your school, club or group.

### Personal First Aid Kit Value Bundle
- **First Aid Kit**
  - Study clear plastic First Aid Kit.
  - Perfect for all occasions requiring basic First Aid for less than 10 people.
  - Contains quality pieces and is ideal for home, car or garage.
  - Size: 70 x 200 x 140mm
  - Code: 600201
- **St John Sunscreen Tottle with clip 50+ 60g**
  - For those regularly exposed to the suns damaging UV rays & requiring high protection the St John branded everyday Sunscreen lotion is suitable for all skin types.
  - Code: 522702

**Price:** $30

### Family First Aid Value Bundle
- **First Aid Kit**
  - The St John First Aid Kit is light weight, compact & durable, making it useful for the home, outdoor and adventure activities.
  - Size: 140mm x 190mm x 90mm
  - Code: 640000
- **St John Sunscreen Tube 50+ 100g**
  - For those regularly exposed to the suns damaging UV rays & requiring high protection the St John branded everyday Sunscreen lotion is suitable for all skin types.
  - Code: 522703

**Price:** $40

### Home & Travel First Aid Value Bundle
- **First Aid Kit**
  - The St John First Aid Kit is light weight, compact & durable, making it useful for the home, outdoor and adventure activities.
  - Size: 140mm x 190mm x 90mm
  - Code: 640000
- **St John Sunscreen Tube 50+ 100g**
  - For those regularly exposed to the suns damaging UV rays & requiring high protection the St John branded everyday Sunscreen lotion is suitable for all skin types.
  - Code: 522703

**Price:** $80

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Fill in your details and return to your school, club or group.

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**Your order total**

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**SUPPORTS** | **TRAINING** | **EVENTS** | **DEFIBS** | **PATIENT TRANSPORT**